

# What's The Difference? Hemp vs. Marijuana

*CBD can be extracted from two sources, Hemp and Marijuana.  
CBD extracted from Marijuana can contain up to 35% THC  
levels while Industrial Hemp contains only 0.3% THC.  
Hemp will not get you high, only healthy.*



## Hemp



## Marijuana

Low in THC  
Less than 0.3%

No, hemp will NOT get  
you high

Higher Levels of CBD

Much easier to grow,  
adapts to many climates

CBD Oil, Other Health Uses,  
Textiles, Ropes, Construction  
Materials, etc...

*Makeup*

*Psychoactive?*

*CBD Levels*

*Growing &  
Cultivating*

*Industrial  
Uses*

Higher in THC  
10-20%, can be as  
High as Over 30%

Yes, can make you high

Contains CBD, but much  
less compared to hemp  
(still contains THC)

Requires much more  
attention, often indoors

Medical Uses

*Hari Om Hemp is a Holistic Wellness company and we want to take  
you on a journey to health and wellness. Join us in our quest to...  
A Holistic Way to Living. Always Natural, Never Synthetic.*

*Try our Full Spectrum CBD Rich Hemp Oil today.*

*[www.hariomhemp.com](http://www.hariomhemp.com)*